



## Ironman Lake Placid July 19, 2026

### Traffic Impact Statement

Temporary road closures will begin at 5 a.m. on Sunday July 19, 2026 in order to conduct the Ironman Lake Placid triathlon. **The following are all estimated times** based on New York State Police traffic control. Please use caution and expect delays.

Road closures (Route 86) Southbound to Lake Placid from Wilmington and Jay beginning at 7 a.m. until 6:30 p.m.

Bobrun Lane will be closed in both directions from 7a-3p.

Route 9N will close Northbound from Keene to Jay at 7 a.m until 4 p.m.

In Wilmington, Bilhuber Rd will be closed to traffic from 8a-3p.

Haselton Road will remain open from Bilhuber Rd to the Town of Black Brook. No vehicle travel south of Bilhuber Rd will be permitted until 4p

Starting in Keene- Rt 9N will be closed to vehicle traffic northbound from the Rt 73 intersection to Glen Rd. in Jay from 6a-4p

Starting in Lake Placid, (Route 73) south/eastbound from Lake Placid to Keene will close at 6 a.m. until 4 p.m.

Town of Jay- Stickney Bridge Rd will be closed to athlete (bike) traffic only in the direction north and eastbound from Glen Rd to Rt 9 . Detour traffic permitted in the opposite lane to access Jay and Keene.

Village of Ausable Forks- local traffic only from Sheldrake Rd Southbound to Stickney Bridge Rd. Rt 9N is closed to vehicles from Stickney Bridge to Rt 86.

Notice to residents and businesses along the Wilmington Road: Runner traffic will continue from noon to midnight.

Road closures in the Village of Lake Placid/Town of North Elba start at 5am and include Mirror Lake Dr. from Northwood Rd to Parkside Dr., Parkside Dr. between Main St and Mirror Lake Dr., Main St. from Olympic Dr. to the 73/86 intersection, Colden Ave is closing until 2p. Sentinel Rd closes from the traffic light to River Rd 630a - midnight, River Rd from 11a to midnight. Main St. remains open from Mirror Lake Dr on the north to Olympic Dr. Please use Wesvalley Rd/Hillcrest Ave and Old Military Rd for best travel options in Lake Placid.

Also in Lake Placid on **Friday, July 17** the IronKids event will result in the closure of Mirror Lake Dr. from Northwood Rd to Parkside Dr. at 130p until 330p. No parking will be permitted on Mirror Lake Dr. near the tennis courts overnight on Thursday 7/16 until the completion of the IronKids event on Friday(est 330p). Parking will also not be permitted overnight on Saturday 7/18 on Mirror Lake Dr in front of the tennis courts, nor on Parkside Dr. from Main St to Mirror Lake Dr. Parking on Main St from Parkside Dr near the Post Office south is prohibited overnight on Saturday 7/18.

#### Alternate Routes

**LAKE PLACID TO JAY** From Saranac Avenue/Route 86, go left at Main Street at the High Peaks Resort to Mirror Lake Drive. Left on Northwood Road. Left on Cobble Hill Road. Left on Route 86 to Wilmington. Right on Route 86 to Jay. Expect delays in the Village of Lake Placid, in Wilmington, and in Jay from 8 a.m. to 5 p.m.

**AUSABLE FORKS TO WILMINGTON** North on Main Street at Stewart's to stop sign. Left on Guideboard Road. Bear left at fork to Silver Lake Road. Left on Bonnieview Road to Wilmington. Expect delays at intersection in Wilmington.

**AUSABLE FORKS TO SARANAC LAKE/LAKE PLACID** North on Main Street at Stewart's to stop sign. Left on Guideboard Road. Bear left at fork to Silver Lake Road. Left on Union Falls Road to Route 3. Left on Route 3 to Saranac Lake. In Saranac Lake take Route 86 East to Lake Placid.

**AUSABLE FORKS TO JAY, UPPER JAY, KEENE and I-87S**, Route 9N West, crossing Bridge go right to Sheldrake Rd. Sheldrake Rd intersects with Stickney Bridge Rd. Turn left on Stickney Bridge Rd to Glen Road. Turn Right on Glen Road to Rt. 9N in Jay. Turn left to Upper Jay, Keene and TO I-87 SOUTHBOUND

**POINTS SOUTH ON ROUTE I-87** : From Northbound Route I-87 take exit 29 to Route 2 West to Route 28N. Turn right on Route 28N to Newcomb. Route 28N to Long Lake. Right on Route 30 to Tupper Lake. Right on Route 3 East to Saranac Lake. Take exit 30 for travel to Keene Valley, Keene or Lake Placid. Expect delays at Keene.

**POINTS NORTH ON ROUTE I-87 TO LAKE PLACID** From Southbound on Route I-87 take exit 31 to Route 9N North. Route 9N North to Elizabethtown. Route 9N North to Route 73. Right on Route 73 to Keene. Expect delays at the 73/9N intersection in Keene.

**KEENE TO LAKE PLACID** Route 73 Westbound lane open. Expect Delays at River Road/Ski Jumps intersection. Access Village of Lake Placid via Old Military Road.

**LAKE PLACID TO WILMINGTON/AUSABLE FORKS/I-87 NORTHBOUND** From Saranac Avenue/Route 86, go left at the High Peaks Resort to Mirror Lake Drive. Left on Northwood Road. Left on Cobble Hill Road. Left on Route 86 to Wilmington. Straight through intersection on Bonnieview Road (County Route 19). Right on Silver Lake Road and follow detour arrows to Ausable Forks. Expect delays in the Village of Lake Placid and in Wilmington from 8 a.m. to 6 p.m.

**BLACK BROOK TO WILMINGTON AND JAY** From Silver Lake Rd, take Bonnieview Rd turning left at Rt. 86 (4 corners) in Wilmington. Haselton Rd will remain open but closed at Bilhuber Rd.to Rt 86.

Note timeline change for opening Wilmington Rd Nbound towards Wilmington. Traffic detours to Iroquois Rd after the bike cutoff approximately 6p. Travel to Northwood Rd and turn left on Rt 86 to

Wilmington and points north, return to LP Village via same route, turning left on Cobble Hill Rd from Rt. 86, then right on Northwood Rd.